



Premiership

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	10	25	25	25	0	25	0	25	25	25	25	0	0	0	25	0	23	0	175
2	James Henderson	7	24	0	0	25	0	25	0	0	24	0	0	0	0	24	0	25	25	172
3	Shane Reading	11	0	0	0	0	24	24	0	24	22	24	25	25	25	23	25	0	23	172
4	Andrew Rogers	8	21	23	0	0	0	22	24	0	0	0	24	24	0	0	23	0	22	162
5	Martin Thompson	8	22	24	0	22	0	21	0	0	0	0	23	0	0	22	24	22	0	159
6	Paul Timms	5	0	0	0	24	0	23	0	0	0	0	0	0	0	21	0	24	24	116
7	Chris Lowe	3	23	0	0	23	0	0	0	0	23	0	0	0	0	0	0	0	0	69
8	Jarrold Gritt	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Brett Spivey	10	25	24	25	23	0	25	25	25	24	0	25	0	24	0	0	0	0	0	174
2	Adrian Brown	15	21	23	24	24	25	24	22	24	20	0	21	0	23	25	25	24	22	0	171
3	Chris Tattersall	7	0	0	0	0	24	23	0	0	25	0	24	0	0	24	24	0	25	0	169
4	Dave Peart	15	24	25	21	21	23	21	20	22	0	25	19	25	21	0	22	22	23	0	167
5	Bernard Goodwin	13	23	0	23	22	22	22	23	0	22	0	23	23	22	0	23	25	24	0	164
6	Neil Brock	11	22	22	22	20	0	20	21	23	21	0	20	0	20	0	0	23	0	0	154
7	Ian Dale	4	0	0	0	0	0	0	24	0	23	0	22	0	25	0	0	0	0	0	94
8	Tony Morris	2	0	0	0	25	0	0	0	0	0	0	0	24	0	0	0	0	0	0	49

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 1

	No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Elliot Stone	11	25	25	25	25	25	25	25	25	25	25	25	0	0	0	0	0	0	0	175
2 Adam Stirling	11	22	23	0	23	22	0	24	20	24	0	0	25	0	24	24	25	0	0	169
3 John Fay	15	24	22	22	20	19	22	22	21	23	23	24	24	0	0	25	24	25	0	169
4 Janet Jobey	11	23	0	23	24	24	23	21	24	21	0	22	0	25	0	0	0	24	0	167
5 Eamonn Nolan	9	20	21	24	21	23	24	23	23	19	0	0	0	0	0	0	0	0	0	159
6 David Emanuel	11	21	20	0	22	21	21	20	0	20	24	0	0	24	23	0	23	0	0	158
7 Carl O'Callaghan	6	0	0	0	0	20	0	0	22	22	0	23	23	0	0	0	0	23	0	133
8 Mark Baxendale	3	19	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22	0	60
9 Barry Greaves	2	0	24	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	49

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Group 2

	No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Mark Phelan	13	25	25	25	0	25	25	0	23	25	25	25	0	24	0	25	25	24	175
2 Bryan Lawton	8	0	0	24	0	0	24	25	25	0	24	0	0	0	24	24	0	23	170
3 Mark Duncan	17	24	24	23	25	24	23	24	22	24	23	23	24	23	23	23	24	22	169
4 Maisie Wainwright	6	0	0	0	0	0	0	0	0	23	0	24	25	25	25	0	0	25	147
5 Anthony Rogers	1	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	24
6 Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Andy Hall	17	25	24	24	24	23	25	25	24	25	25	24	24	23	25	24	25	25	25	175
2	Andrew Ingham	14	23	0	0	25	24	0	24	23	21	24	25	25	25	24	25	24	21	21	173
3	Rochelle Evans	11	0	0	0	0	25	24	0	25	20	23	21	23	24	22	23	0	24	24	168
4	Simon Howard	8	24	25	25	0	0	0	0	22	22	0	23	0	0	23	0	0	22	22	164
5	Mark Heaney	8	21	0	23	0	0	0	23	0	24	22	19	0	0	0	22	0	23	23	158
6	Bernard Cassidy	7	22	0	0	0	0	23	22	0	23	0	22	0	0	0	21	23	0	20	156
7	Kirsty Agnew	7	17	0	0	0	0	0	21	0	0	21	20	22	0	21	0	22	0	20	144
8	Ronnie Quinn	7	18	0	0	0	21	22	20	21	0	0	18	0	0	20	0	0	0	20	140
9	James Holdaway	2	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	20	20	42
10	Mark Foran	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
11	Chris Nicholson	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 4

	No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Lee Earnshaw	15	24	24	25	0	25	25	25	25	25	25	25	25	0	18	25	24	24	175
2 Trish Callan	10	0	21	23	0	0	24	24	0	24	0	0	24	25	25	0	25	25	172
3 Sarah Tomassi	8	25	25	0	0	0	0	0	0	0	24	24	0	0	24	24	23	22	169
4 Gary Smith	10	21	23	0	25	0	22	0	0	23	0	23	23	0	19	23	0	23	163
5 Gail Shaw	11	20	20	0	0	0	23	21	23	0	23	0	22	24	22	21	22	0	159
6 Ray Williams	8	23	22	0	0	0	0	0	24	20	0	21	21	0	0	0	21	21	153
7 Kevin Hutchings	12	19	19	22	24	0	20	20	22	19	0	19	0	0	23	22	0	20	153
8 Jason Keast	7	0	0	0	0	0	21	22	21	21	21	20	0	0	20	0	0	0	146
9 Gareth McCaffery	5	18	18	0	23	24	0	0	0	0	0	0	0	0	0	0	0	19	102
10 Owen Flage	4	22	0	24	0	0	0	0	0	0	0	22	0	0	21	0	0	0	89
11 Bryony Rogers	3	0	0	0	0	0	0	23	0	22	22	0	0	0	0	0	0	0	67
12 Bryony Jones	1	0	0	0	0	0	0	19	0	0	0	0	0	0	0	0	0	0	19
13 Lee Higginbottom	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13 Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 5

	No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Tracey Hall	8	0	0	23	25	0	0	25	25	0	0	25	0	0	25	25	0	25	175
2 Amanda Richardson	14	25	25	24	24	0	24	24	24	25	25	24	25	0	24	24	0	24	173
3 Natali Brown	10	24	24	0	20	25	23	0	23	0	0	21	0	24	0	22	0	22	165
4 David Smith	10	21	0	22	21	0	21	22	0	24	0	22	24	25	0	23	0	0	162
5 Dave Watt	8	23	0	21	0	0	22	23	20	23	24	20	0	0	0	0	0	0	156
6 Judith Bradley	4	22	0	0	0	24	0	0	22	0	0	0	0	0	0	0	0	23	91
7 Claire Timms	4	0	22	0	23	0	0	0	0	0	0	0	0	0	0	22	0	22	89
8 Andy Chadwick	2	0	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	50
9 Lynda Brookes	2	0	0	0	0	0	0	0	0	0	0	23	0	0	23	0	0	0	46
10 Lisa Southward	2	0	23	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	45
11 Jillian Hickson	1	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	0	21

Criteria order for separating runners on equal points are as follows:
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 4 - Faster average pace per mile (all races taken into account)



Group 6

	No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Neil Bradley	11	0	0	24	0	25	25	24	24	23	25	0	24	25	0	19	173		
2	Hasna Budsworth	16	0	25	25	25	24	25	23	21	22	14	18	24	25	21	20	23	17	173
3	Stephen Rogowskyj	7	0	0	0	0	0	24	0	25	25	24	0	0	25	0	25	24	172	
4	Paul Cooke	7	22	0	0	0	0	24	22	0	0	22	21	0	0	20	24	0	0	155
5	Dawn Speed	9	24	0	0	0	0	22	20	23	21	0	17	0	0	19	0	24	21	155
6	Joanne Lawton	11	21	0	23	0	0	23	21	17	20	20	20	0	0	22	21	0	20	151
7	Elaine Brown	11	19	0	21	0	22	21	19	19	15	0	11	0	0	18	0	22	18	143
8	Kay England	11	20	23	22	0	21	0	18	16	19	0	14	0	0	0	18	20	12	143
9	Bernadette Ball	10	18	0	0	0	23	20	0	0	17	18	13	23	0	15	22	0	14	141
10	Nicky Hall	14	14	0	20	0	20	19	17	20	18	19	16	22	0	13	17	20	15	140
11	Dave Bardsley	8	0	0	0	0	0	16	18	14	21	15	21	0	12	19	0	0	124	
12	James Wright	5	0	0	0	0	0	0	24	23	23	25	0	0	0	0	0	25	120	
13	Angela Rogowskyj	8	17	0	0	0	0	15	0	13	16	9	0	0	11	0	21	16	109	
14	Karen Stuttard	6	16	0	0	23	0	18	0	0	15	10	0	0	17	0	0	0	99	
15	Nikki Mills	4	15	0	0	24	0	0	0	0	0	19	0	0	23	0	0	0	81	
16	Amanda Welby	4	25	24	0	0	0	0	0	16	0	0	0	0	0	0	0	13	78	
17	Gill Bardsley	4	0	0	0	0	0	0	0	0	17	12	0	0	14	23	0	0	66	
18	Sam Wright	2	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	23	45	
19	Martina Naismith	2	23	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	45	
20	Annalea Wilson	2	0	0	0	0	0	0	0	0	0	0	0	0	16	0	0	11	27	
21	Sharon Dracup	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22	22	

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 7

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Samantha Tattersall	9	0	0	0	23	24	25	0	0	24	0	25	0	0	25	24	24	24	24	171
2	Alison Cresswell	11	0	0	0	0	23	24	25	24	23	25	24	0	0	24	23	23	22		169
3	June Allingan	9	0	0	25	0	0	23	24	0	21	24	23	0	0	23	0	23	23		165
4	Karen Rush	6	0	0	0	25	25	0	0	25	0	0	0	0	0	0	25	25	25		150
5	Peter Boulton	2	0	0	0	24	0	0	0	0	25	0	0	0	0	0	0	0	0		49
6	Sarah Fitton	2	0	0	0	0	0	0	0	0	23	23	0	0	0	0	0	0	0		46
7	Tansy Wilson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0

Criteria order for separating runners on equal points are as follows:

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- 4 - Faster average pace per mile (all races taken into account)



Group TBC

No of Races Completed

1	Diane Johnson	2
1	Luke Lawson-Healey	2
3	Oliver Pozegic	2
4	Howard Mills	2
5	Andy Warburton	1
5	Selina McLean	1
5	Helen Parry	1
5	David Phillips	1
9	Liz Phillips-Rennie	1
10	Richard Dowd	1
11	Howard Mayers	1
12	David Ellis	0
12	Stewart Jones	0
12	Steve Goddard	0
12	Adam Stopford	0
12	Karen Jones	0
12	Tim Dickinson	0
12	Nikki Forster	0
12	Jenny O'Callaghan	0
12	Colin Green	0
12	Ged Navesey	0
12	Kellie Dunkerley	0
12	Paul Ashton	0
12	Tony Kane	0
12	Paul Anderson	0
12	James Bowling	0
12	Gail Kershaw	0

28	Gill Bardsley	4	0	0	0	0	0	0	0	0	0	41	32	0	0	33	42	0	0	148
29	Bryony Rogers	3	0	0	0	0	0	0	47	0	47	46	0	0	0	0	0	0	0	140
30	Diane Johnson	2	0	0	46	0	0	0	0	0	45	0	0	0	0	0	0	0	0	91
31	Lisa Southward	2	0	45	0	45	0	0	0	0	0	0	0	0	0	0	0	0	0	90
32	Sam Wright	2	0	0	0	0	0	0	0	0	0	0	43	0	0	0	0	0	43	86
33	Martina Naismith	2	42	0	0	0	0	0	43	0	0	0	0	0	0	0	0	0	0	85
34	Lynda Brookes	2	0	0	0	0	0	0	0	0	0	42	0	0	42	0	0	0	0	84
35	Sarah Fitton	2	0	0	0	0	0	0	0	34	36	0	0	0	0	0	0	0	0	70
36	Annalea Wilson	2	0	0	0	0	0	0	0	0	0	0	0	0	35	0	0	28	0	63
37	Selina McLean	1	45	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
38	Helen Parry	1	0	0	0	0	0	0	0	0	0	0	0	0	0	43	0	0	0	43
39	Jillian Hickson	1	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	0	0	40
40	Liz Phillips-Rennie	1	0	0	0	0	0	0	0	0	0	37	0	0	0	0	0	0	0	37
40	Bryony Jones	1	0	0	0	0	0	0	37	0	0	0	0	0	0	0	0	0	0	37
42	Kellie Dunkerley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Karen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Gail Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Tansy Wilson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	10	25	25	25	0	25	0	25	25	25	25	0	0	0	25	0	25	0	175
2	Brett Spivey	10	24	24	24	23	0	25	24	24	24	0	25	0	25	0	0	0	0	171
3	Adrian Brown	15	22	22	23	24	24	24	23	23	21	0	24	0	24	24	25	24	25	170
4	Andrew Ingham	14	21	0	0	21	22	0	21	21	22	24	23	23	23	22	24	22	24	163
5	Adam Stirling	11	23	23	0	22	23	0	22	22	23	0	0	24	0	23	23	23	0	162
6	Gareth McCaffery	5	20	21	0	20	21	0	0	0	0	0	0	0	0	0	0	0	23	105
7	Tony Morris	2	0	0	0	25	0	0	0	0	0	0	0	25	0	0	0	0	0	50
8	Paul Ashton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Adam Stopford	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Martin Thompson	8	25	25	0	25	0	25	0	0	0	0	25	0	0	25	24	25	0	175
2	John Fay	15	24	24	25	24	24	23	25	25	24	25	23	25	0	0	23	24	24	173
3	Chris Tattersall	7	0	0	0	0	25	24	0	0	25	0	24	0	0	24	25	0	25	172
4	Mark Duncan	17	22	23	24	23	23	22	24	24	23	24	22	24	25	23	22	23	23	168
5	Dave Watt	8	21	0	23	0	0	21	23	22	22	23	21	0	0	0	0	0	0	155
6	Dave Bardsley	8	0	0	0	0	0	0	22	23	21	22	20	23	0	22	21	0	0	154
7	Chris Nicholson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
8	Lee Higginbottom	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	James Henderson	7	25	0	0	25	0	25	0	0	25	0	0	0	0	25	0	25	25	175
2	Shane Reading	11	0	0	0	0	25	24	0	25	24	25	25	25	25	24	25	0	23	175
3	Paul Timms	5	0	0	0	24	0	23	0	0	0	0	0	0	0	23	0	24	24	118
4	Mark Baxendale	3	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22	71
5	James Holdaway	2	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	21	45
6	Anthony Rogers	1	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	24
7	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Stewart Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Andrew Rogers	8	24	25	0	0	0	25	25	0	0	0	25	25	0	0	24	0	25	174
2	Elliot Stone	11	22	24	25	24	25	24	23	25	23	25	23	0	0	0	0	0	0	172
3	Bernard Goodwin	13	23	0	24	23	23	23	24	0	24	0	24	24	25	0	25	25	24	171
4	Mark Phelan	13	21	23	23	0	22	21	0	23	21	24	21	0	24	0	23	24	23	164
5	Andy Hall	17	20	21	20	22	20	22	22	22	20	23	19	22	23	25	22	23	21	160
6	Lee Earnshaw	15	18	20	21	0	21	20	21	21	19	22	20	21	0	22	21	22	20	150
7	Simon Howard	8	19	22	22	0	0	0	0	20	18	0	18	0	0	24	0	0	19	144
8	Carl O'Callaghan	6	0	0	0	0	24	0	0	24	22	0	22	23	0	0	0	0	22	137
9	James Wright	5	0	0	0	0	0	0	0	19	17	21	16	0	0	0	0	0	18	91
10	Chris Lowe	3	25	0	0	25	0	0	0	0	25	0	0	0	0	0	0	0	0	75
11	Owen Flage	4	16	0	19	0	0	0	0	0	0	0	17	0	0	23	0	0	0	75
12	Andy Warburton	1	0	0	0	0	0	0	0	0	0	20	0	0	0	0	0	0	0	20
13	Mark Foran	1	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
14	Paul Anderson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Tim Dickinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Dave Peart	15	25	25	24	24	25	23	22	24	0	25	23	25	24	0	25	23	25	175
2	Neil Brock	11	24	24	25	23	0	22	24	25	24	0	24	0	22	0	0	25	0	171
3	David Emanuel	11	23	23	0	25	24	25	23	0	23	24	0	0	23	24	0	24	0	169
4	Bryan Lawton	8	0	0	23	0	0	24	21	23	0	23	0	0	0	25	24	0	24	166
5	Ray Williams	8	22	22	0	0	0	0	0	22	21	0	22	24	0	0	0	22	23	157
6	Kevin Hutchings	12	21	21	22	22	0	20	19	21	20	0	19	0	0	23	23	0	22	154
7	Neil Bradley	12	19	0	21	0	23	0	18	20	19	21	20	23	0	21	22	0	21	152
8	Jason Keast	7	0	0	0	0	0	22	20	19	22	22	21	0	0	22	0	0	0	148
9	Paul Cooke	7	20	0	0	0	0	19	17	0	0	20	18	0	0	20	21	0	0	135
10	Ian Dale	4	0	0	0	0	0	0	25	0	25	0	25	0	25	0	0	0	0	100
11	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Ged Navesey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Eamonn Nolan	9	25	25	25	25	25	25	25	25	21	0	0	0	0	0	0	0	0	0	175
2	Mark Heaney	8	23	0	24	0	0	0	24	0	25	25	23	0	0	0	25	0	24	0	170
3	Bernard Cassidy	7	24	0	0	0	0	24	23	0	24	0	25	0	0	0	24	25	0	0	169
4	Gary Smith	10	22	24	0	24	0	23	0	0	23	0	24	25	0	24	23	0	25	0	169
5	Stephen Rogowskyj	8	21	0	0	0	0	0	22	0	22	24	22	0	0	25	0	24	23	0	162
6	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Smith	10	25	0	25	25	0	25	25	0	25	0	25	25	25	0	25	0	0	0	175
2	Barry Greaves	2	0	25	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	50
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Ronnie Quinn	7	25	0	0	0	25	25	25	25	0	0	25	0	0	25	0	0	0	0	175
2	Howard Mills	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	0	25	0	50

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Peter Boulton	2	0	0	0	25	0	0	0	25	0	0	0	0	0	0	0	0	0	0	50
2	David Phillips	1	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	25
3	Ray Shaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Trish Callan	10	0	25	25	0	0	25	24	0	25	0	0	25	25	25	0	25	25	175
2	Kirsty Agnew	7	25	0	0	0	0	0	25	0	0	25	25	24	0	24	0	24	0	172
3	Hasna Budsworth	17	24	24	24	25	25	24	23	25	24	24	24	23	24	23	25	23	24	172
4	Samantha Tattersall	9	0	0	0	24	24	23	0	0	23	0	23	0	0	22	24	22	23	164

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Sarah Tomassi	8	25	25	0	0	0	0	0	0	25	25	0	0	25	25	25	25	25	175
2	Natali Brown	10	24	24	0	25	25	25	0	25	0	0	23	0	25	0	24	0	24	173
3	Liz Phillips-Rennie	1	0	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	24
4	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Evans	11	0	0	0	0	25	25	0	25	25	25	25	25	25	25	25	0	25	175
2	Kay England	11	23	24	25	0	24	0	25	22	24	0	22	0	0	0	22	25	22	170
3	Claire Timms	4	0	25	0	25	0	0	0	0	0	0	0	0	0	0	24	0	23	97
4	Nikki Mills	4	22	0	0	24	0	0	0	0	0	0	23	0	0	24	0	0	0	93
5	Sam Wright	2	0	0	0	0	0	0	0	0	0	0	24	0	0	0	0	0	24	48
6	Martina Naismith	2	24	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	48
7	Selina McLean	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
8	Helen Parry	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	0	0	23
9	Jillian Hickson	1	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	0	23
10	Kellie Dunkerley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Karen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Tansy Wilson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Janet Jobey	11	25	0	25	25	25	25	25	25	25	0	25	0	25	0	0	0	25	175
2	Tracey Hall	8	0	0	24	24	0	0	24	24	0	0	24	0	0	25	25	0	24	170
3	Dawn Speed	9	24	0	0	0	0	24	23	23	24	0	22	0	0	23	0	25	22	166
4	Nicky Hall	14	22	0	23	0	22	23	22	20	23	25	21	25	0	22	23	23	20	165
5	Karen Rush	6	0	0	0	23	23	0	0	21	0	0	0	0	0	0	24	24	21	136
6	Judith Bradley	4	23	0	0	0	24	0	0	22	0	0	0	0	0	0	0	0	23	92
7	Lynda Brookes	2	0	0	0	0	0	0	0	0	0	0	23	0	0	24	0	0	0	47
8	Lisa Southward	2	0	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	47
9	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	11	25	25	0	0	0	25	25	25	0	25	0	25	25	25	25	25	0	175
2	Amanda Richardson	14	24	24	25	25	0	24	24	24	25	24	25	24	0	24	24	0	25	173
3	Joanne Lawton	11	22	0	24	0	0	23	23	22	24	23	24	0	0	23	22	0	24	165
4	Elaine Brown	11	21	0	23	0	25	22	22	23	22	0	22	0	0	22	0	24	23	162
5	Angela Rogowskyj	8	20	0	0	0	0	0	21	0	21	21	20	0	0	19	0	23	22	148
6	Karen Stuttard	6	19	0	0	24	0	21	0	0	0	20	21	0	0	21	0	0	0	126
7	Amanda Welby	4	23	23	0	0	0	0	0	0	23	0	0	0	0	0	0	0	21	90
8	Gill Bardsley	4	0	0	0	0	0	0	0	0	0	22	23	0	0	20	23	0	0	88

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Alison Cresswell	11	0	0	0	0	25	25	25	25	24	25	25	0	0	25	25	25	25	25	175
2	Diane Johnson	2	0	0	25	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	50

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernadette Ball	10	25	0	0	0	25	25	0	0	25	25	25	25	0	25	25	0	25	175	
2	Gail Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 75's

		No of Races Completed	Stockport Daffodil 10k	Wrexham Half	Dentdale	Wilmslow Half	Aintree 10k	Track 5k no.1	Cowm 5k	Colshaw Hall 10k	Royton Trail	Mossley 10k	Hopwood Trot	Preston 10 Mile	Cheshire Half	Track 5k no.2	Rochdale 10k	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	9	0	0	25	0	0	25	25	0	25	25	25	0	0	25	0	25	25	175	
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)