



Premiership

		No of Races Completed	Stockport Daifodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	7	0	25	25	0	25	25	25	25	0	0	0	0	0	0	0	0	0	175
2	Andrew Rogers	6	0	16	22	0	20	23	23	0	22	0	0	0	0	0	0	0	0	126
3	Brett Spivey	6	17	0	0	22	19	22	0	23	19	0	0	0	0	0	0	0	0	122
4	James Henderson	5	24	23	0	23	23	0	0	0	24	0	0	0	0	0	0	0	0	117
5	Shane Reading	5	23	21	24	0	0	0	24	0	20	0	0	0	0	0	0	0	0	112
6	Wesley Henshaw	5	0	19	23	21	17	21	0	0	0	0	0	0	0	0	0	0	0	101
7	Chris Tattersall	5	0	18	0	0	18	0	22	24	18	0	0	0	0	0	0	0	0	100
8	Adrian Brown	5	18	17	21	20	16	0	0	0	0	0	0	0	0	0	0	0	0	92
9	Luke Lawson-Healey	4	21	20	0	19	0	24	0	0	0	0	0	0	0	0	0	0	0	84
10	Martin Thompson	4	19	0	0	0	22	20	0	0	21	0	0	0	0	0	0	0	0	82
11	Jarrold Gritt	3	25	24	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	74
12	William Wall	3	22	0	0	0	24	0	0	0	23	0	0	0	0	0	0	0	0	69
13	Paul Timms	3	0	22	0	24	21	0	0	0	0	0	0	0	0	0	0	0	0	67
14	Mathew Reeves	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
15	Tony Morris	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Denwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Mark Duncan	7	24	25	0	19	23	0	24	24	20	0	0	0	0	0	0	0	0	0	159
2	Neil Brock	8	17	8	23	17	0	23	16	23	19	0	0	0	0	0	0	0	0	0	138
3	Dave Peart	7	9	21	24	20	16	21	0	21	0	0	0	0	0	0	0	0	0	0	132
4	Andy Hall	8	15	10	17	15	24	0	18	20	17	0	0	0	0	0	0	0	0	0	126
5	John Fay	6	19	19	21	0	21	25	19	0	0	0	0	0	0	0	0	0	0	0	124
6	David Emanuel	8	16	14	19	21	19	0	13	19	15	0	0	0	0	0	0	0	0	0	123
6	Bernard Goodwin	5	25	23	0	25	0	0	25	0	25	0	0	0	0	0	0	0	0	0	123
8	Oliver Pozegic	6	20	15	0	23	20	0	15	22	0	0	0	0	0	0	0	0	0	0	115
8	Elliot Stone	5	21	22	25	24	0	0	23	0	0	0	0	0	0	0	0	0	0	0	115
10	Andrew Ingham	7	8	9	20	0	17	20	14	0	16	0	0	0	0	0	0	0	0	0	104
11	Mark Phelan	6	10	11	18	0	18	0	0	18	18	0	0	0	0	0	0	0	0	0	93
12	Lee Earnshaw	5	12	14	22	0	22	0	0	0	21	0	0	0	0	0	0	0	0	0	91
13	Maisie Wainwright	4	23	0	0	22	0	24	21	0	0	0	0	0	0	0	0	0	0	0	90
14	Anthony Rogers	4	22	18	0	0	0	0	22	0	22	0	0	0	0	0	0	0	0	0	84
15	Barry Greaves	3	0	20	0	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	70
16	Eamonn Nolan	5	7	0	16	16	0	0	12	0	13	0	0	0	0	0	0	0	0	0	64
17	James Moulton	3	18	24	0	0	0	19	0	0	0	0	0	0	0	0	0	0	0	0	61
18	Adam Stirling	4	13	0	15	18	0	0	0	0	14	0	0	0	0	0	0	0	0	0	60
19	Matt Kershaw	3	14	0	0	0	0	0	17	0	23	0	0	0	0	0	0	0	0	0	54
20	Edward Grimley	2	0	0	0	0	0	0	20	0	24	0	0	0	0	0	0	0	0	0	44
21	Mark Baxendale	2	0	17	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	39
22	Carl O'Callaghan	2	11	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	27
23	Janet Jobey	1	0	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12

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 4 - Faster average pace per mile (all races taken into account)



Group 1

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernard Cassidy	8	23	25	23	24	22	0	21	23	22	0	0	0	0	0	0	0	0	0	162
2	Simon Howard	6	24	24	0	25	25	0	23	0	25	0	0	0	0	0	0	0	0	0	146
3	Rochelle Evans	6	21	23	24	0	23	0	22	0	23	0	0	0	0	0	0	0	0	0	136
4	Bryan Lawton	5	22	0	25	0	24	0	24	25	0	0	0	0	0	0	0	0	0	0	120
5	Trish Callan	3	0	0	0	0	0	0	20	24	24	0	0	0	0	0	0	0	0	0	68
6	Sarah Tomassi	2	25	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	50
7	Owen Flage	2	0	0	0	23	0	0	0	0	21	0	0	0	0	0	0	0	0	0	44
8	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
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- 4 - Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Gail Shaw	8	22	23	25	24	23	25	21	24	0	0	0	0	0	0	0	0	0	0	166
1	Kirsty Agnew	7	25	25	24	23	25	0	22	22	0	0	0	0	0	0	0	0	0	0	166
1	Gary Smith	8	24	24	23	25	22	24	19	0	24	0	0	0	0	0	0	0	0	0	166
4	Richard Dowd	6	23	22	22	0	0	0	20	23	21	0	0	0	0	0	0	0	0	0	131
5	Bryony Rogers	5	21	0	21	0	0	23	24	0	23	0	0	0	0	0	0	0	0	0	112
6	Chris Nicholson	4	0	0	0	0	24	0	23	21	22	0	0	0	0	0	0	0	0	0	90
7	Ray Williams	4	20	0	20	22	0	0	0	0	20	0	0	0	0	0	0	0	0	0	82
8	Mark Heaney	3	0	0	0	0	0	0	25	25	25	0	0	0	0	0	0	0	0	0	75
9	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Kevin Hutchings	4	0	25	0	0	24	0	23	0	23	0	0	0	0	0	0	0	0	0	95
2	Lucy Schindler	3	0	0	0	0	25	0	25	0	25	0	0	0	0	0	0	0	0	0	75
3	Andrew Naismith	3	25	0	25	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	72
4	Tracey Hall	2	0	0	0	0	0	24	0	24	0	0	0	0	0	0	0	0	0	0	48
5	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 4

		No of Races Completed	Stockport Daifodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Stephen Rogowskyj	7	23	24	24	21	23	0	22	0	22	0	0	0	0	0	0	0	0	0	159
2	Amanda Richardson	7	25	0	23	23	21	0	19	22	20	0	0	0	0	0	0	0	0	0	153
3	Gareth McCaffery	6	0	25	0	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	150
4	James Wright	6	24	0	25	24	0	24	0	24	24	0	0	0	0	0	0	0	0	0	145
5	Bryony Jones	6	20	0	22	22	0	22	20	0	21	0	0	0	0	0	0	0	0	0	127
6	Lee Higginbottom	4	21	0	0	0	22	0	21	0	23	0	0	0	0	0	0	0	0	0	87
7	Jason Keast	3	0	0	0	0	0	0	23	23	25	0	0	0	0	0	0	0	0	0	71
7	Dave Watt	3	0	0	0	0	24	23	24	0	0	0	0	0	0	0	0	0	0	0	71
9	Claire Timms	2	22	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
10	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Neil Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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 4 - Faster average pace per mile (all races taken into account)



Group 5

		No of Races Completed	Stockport Daifodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Elaine Brown	8	22	0	23	22	21	24	21	22	21	0	0	0	0	0	0	0	0	0	155
2	Sharon Dracup	6	25	0	25	0	24	25	25	24	0	0	0	0	0	0	0	0	0	0	148
3	Dawn Speed	4	24	24	0	23	0	0	22	0	0	0	0	0	0	0	0	0	0	0	93
4	David Phillips	4	0	0	24	0	22	0	23	0	23	0	0	0	0	0	0	0	0	0	92
5	Joanne Lawton	4	21	0	0	0	23	0	24	23	0	0	0	0	0	0	0	0	0	0	91
6	Hasna Budsworth	4	18	0	22	21	0	0	20	0	0	0	0	0	0	0	0	0	0	0	81
7	Sam Wright	3	0	0	0	25	0	0	0	25	25	0	0	0	0	0	0	0	0	0	75
8	Diane Johnson	3	0	25	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	74
9	Amanda Welby	3	20	22	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	62
10	Paul Cooke	2	23	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	47
11	Karen Rush	2	19	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
12	Helen Parry	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	22
13	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Nicky Hall	8	20	25	18	24	24	0	24	24	25	0	0	0	0	0	0	0	0	0	166
2	Howard Mills	8	18	0	23	23	22	22	21	23	23	0	0	0	0	0	0	0	0	0	157
3	Karen Price	6	25	0	25	0	25	25	25	25	0	0	0	0	0	0	0	0	0	0	150
4	Angela Rogowskyj	7	21	23	16	22	20	0	17	0	22	0	0	0	0	0	0	0	0	0	141
5	Karen Jones	5	0	0	21	25	0	24	20	0	24	0	0	0	0	0	0	0	0	0	114
5	Billie Chamberlain	5	23	0	22	0	23	23	23	0	0	0	0	0	0	0	0	0	0	0	114
7	Bernadette Ball	6	0	0	15	0	18	19	14	21	20	0	0	0	0	0	0	0	0	0	107
8	Samantha Tattersall	5	0	22	0	0	17	0	15	22	21	0	0	0	0	0	0	0	0	0	97
9	Dave Bardsley	4	0	0	17	0	21	21	18	0	0	0	0	0	0	0	0	0	0	0	77
10	Ronnie Quinn	3	24	0	20	0	0	18	0	0	0	0	0	0	0	0	0	0	0	0	62
11	Jenny O'Callaghan	3	22	0	19	0	0	0	19	0	0	0	0	0	0	0	0	0	0	0	60
12	Gill Bardsley	3	0	0	0	0	19	20	16	0	0	0	0	0	0	0	0	0	0	0	55
13	Kay England	2	19	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
14	Rachel Chadwick	2	0	0	0	0	0	16	22	0	0	0	0	0	0	0	0	0	0	0	38
15	Jillian Hickson	1	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
16	Alison Cresswell	1	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
16	Peter Boulton	1	0	0	0	0	0	17	0	0	0	0	0	0	0	0	0	0	0	0	17

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- 4 - Faster average pace per mile (all races taken into account)



Group 7

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	3	0	0	0	0	24	0	25	0	25	0	0	0	0	0	0	0	0	0	74
2	Dave Leyland	2	25	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
3	Sarah Fitton	1	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	24
4	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group TBC

No of Races Completed

1	Susan Heaney	2
2	Elaine Davies	1
2	Damien Finn	1
4	Jonathan Green	1
5	Michelle Chapman	1
6	Sharon Leach	0
6	Liz Phillips-Rennie	0
6	David Ellis	0
6	Steve Goddard	0
6	Tony Kane	0
6	Ray Shaw	0
6	Chris Eavers	0
6	James Moran	0
6	Matthew Cartner	0

30	Claire Timms	2	43	0	40	0	0	0	0	0	0	0	0	0	0	0	0	0	0	83
31	Karen Rush	2	31	44	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
32	Rachel Chadwick	2	0	0	0	0	0	39	34	0	0	0	0	0	0	0	0	0	0	73
33	Kay England	2	30	41	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
34	Susan Heaney	2	0	0	0	0	0	0	26	41	0	0	0	0	0	0	0	0	0	67
35	Janet Jobey	1	0	50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
36	Michelle Chapman	1	0	0	0	0	0	0	0	43	0	0	0	0	0	0	0	0	0	43
37	Jillian Hickson	1	0	0	42	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
38	Helen Parry	1	0	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	0	40
39	Elaine Davies	1	0	0	0	0	0	0	39	0	0	0	0	0	0	0	0	0	0	39
40	Sarah Fitton	1	0	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0	0	35
41	Alison Cresswell	1	29	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	29
42	Sharon Leach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	7	0	25	25	0	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2	Andrew Ingham	7	22	23	23	0	22	22	23	0	22	0	0	0	0	0	0	0	0	0	157
3	Brett Spivey	6	24	0	0	25	24	24	0	24	24	0	0	0	0	0	0	0	0	0	145
4	Wesley Henshaw	5	0	24	24	24	23	23	0	0	0	0	0	0	0	0	0	0	0	0	118
5	Adam Stirling	4	23	0	22	23	0	0	0	0	21	0	0	0	0	0	0	0	0	0	89
6	Edward Grimley	2	0	0	0	0	0	0	24	0	23	0	0	0	0	0	0	0	0	0	47
7	Mathew Reeves	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
8	Mathew Cartner	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Tony Morris	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Mark Duncan	7	23	25	0	24	23	0	24	24	23	0	0	0	0	0	0	0	0	0	166
2	John Fay	6	22	22	24	0	21	25	23	0	0	0	0	0	0	0	0	0	0	0	137
3	Gareth McCaffery	6	0	21	0	23	19	24	22	23	0	0	0	0	0	0	0	0	0	0	132
4	Chris Tattersall	5	0	24	0	0	24	0	25	25	24	0	0	0	0	0	0	0	0	0	122
5	Adrian Brown	5	24	23	25	25	22	0	0	0	0	0	0	0	0	0	0	0	0	0	119
6	Martin Thompson	4	25	0	0	0	25	21	0	0	25	0	0	0	0	0	0	0	0	0	96
7	Chris Nicholson	4	0	0	0	0	20	0	21	22	22	0	0	0	0	0	0	0	0	0	85
8	Dave Bardsley	4	0	0	23	0	17	22	19	0	0	0	0	0	0	0	0	0	0	0	81
9	Dave Watt	3	0	0	0	0	18	23	20	0	0	0	0	0	0	0	0	0	0	0	61
10	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	James Henderson	5	25	25	0	24	24	0	0	0	25	0	0	0	0	0	0	0	0	0	123
2	Lee Higginbottom	4	22	0	0	0	22	0	24	0	21	0	0	0	0	0	0	0	0	0	89
3	William Wall	3	24	0	0	0	25	0	0	0	24	0	0	0	0	0	0	0	0	0	73
4	Paul Timms	3	0	24	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	72
5	Matt Kershaw	3	23	0	0	0	0	25	0	23	0	0	0	0	0	0	0	0	0	0	71
6	Jonathan Green	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	22
7	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daifodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Andy Hall	8	22	18	21	23	24	0	21	25	21	0	0	0	0	0	0	0	0	0	157
2	Andrew Rogers	6	0	23	24	0	25	25	24	0	25	0	0	0	0	0	0	0	0	0	146
3	Shane Reading	5	25	25	25	0	0	0	25	0	24	0	0	0	0	0	0	0	0	0	124
4	Simon Howard	6	19	17	0	24	22	0	20	0	20	0	0	0	0	0	0	0	0	0	122
5	Elliot Stone	5	23	24	23	25	0	0	23	0	0	0	0	0	0	0	0	0	0	0	118
5	James Wright	6	16	0	18	21	0	23	0	23	17	0	0	0	0	0	0	0	0	0	118
7	Richard Dowd	6	18	16	20	0	0	0	19	24	19	0	0	0	0	0	0	0	0	0	116
8	Lee Earnshaw	5	21	19	22	0	23	0	0	0	22	0	0	0	0	0	0	0	0	0	107
9	Anthony Rogers	4	24	22	0	0	0	0	22	0	23	0	0	0	0	0	0	0	0	0	91
10	Andrew Naismith	3	17	0	19	0	0	0	18	0	0	0	0	0	0	0	0	0	0	0	54
11	Mark Baxendale	2	0	21	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	45
12	Carl O'Callaghan	2	20	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40
12	Owen Flage	2	0	0	0	22	0	0	0	0	18	0	0	0	0	0	0	0	0	0	40
14	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daifodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Neil Brock	8	24	22	24	23	0	25	24	25	24	0	0	0	0	0	0	0	0	0	169
2	Dave Peart	7	22	24	25	24	24	24	0	24	0	0	0	0	0	0	0	0	0	0	167
3	Mark Phelan	6	23	23	23	0	25	0	0	23	23	0	0	0	0	0	0	0	0	0	140
4	Bernard Goodwin	5	25	25	0	25	0	0	25	0	25	0	0	0	0	0	0	0	0	0	125
5	Bryan Lawton	5	21	0	22	0	23	0	23	22	0	0	0	0	0	0	0	0	0	0	111
6	Ray Williams	4	20	0	21	22	0	0	0	0	21	0	0	0	0	0	0	0	0	0	84
7	Kevin Hutchings	4	0	21	0	0	22	0	21	0	19	0	0	0	0	0	0	0	0	0	83
8	Jason Keast	3	0	0	0	0	0	0	22	21	20	0	0	0	0	0	0	0	0	0	63
9	Dave Leyland	2	18	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	39
10	Paul Cooke	2	19	0	0	0	0	0	0	0	18	0	0	0	0	0	0	0	0	0	37
11	Damien Finn	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	0	23
12	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Neil Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Emanuel	8	25	25	25	25	25	0	25	25	25	0	0	0	0	0	0	0	0	0	175
2	Gary Smith	8	23	24	23	24	24	25	23	0	24	0	0	0	0	0	0	0	0	0	167
3	Stephen Rogowskyj	7	22	23	22	22	23	0	22	0	22	0	0	0	0	0	0	0	0	0	156
4	Eamonn Nolan	5	24	0	24	23	0	0	24	0	23	0	0	0	0	0	0	0	0	0	118
5	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 65's

	No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernard Cassidy	8	25	24	25	25	24	0	24	23	24	0	0	0	0	0	0	0	0	0	171
2 Barry Greaves	3	0	25	0	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	75
3 Mark Heaney	3	0	0	0	0	0	0	25	24	25	0	0	0	0	0	0	0	0	0	74
4 Chris Eavers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Howard Mills	8	24	0	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2	Ronnie Quinn	3	25	0	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	73
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

	No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Peter Boulton	1	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Phillips	4	0	0	25	0	25	0	25	0	25	0	0	0	0	0	0	0	0	0	100
2	Ray Shaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

	No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Billie Chamberlain	5	25	0	25	0	25	25	23	0	0	0	0	0	0	0	0	0	0	0	123
2 Samantha Tattersall	5	0	25	0	0	24	0	22	24	24	0	0	0	0	0	0	0	0	0	119
3 Trish Callan	3	0	0	0	0	0	0	25	25	25	0	0	0	0	0	0	0	0	0	75
4 Elaine Davies	1	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

	No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Kirsty Agnew	6	0	25	25	25	0	24	25	0	0	0	0	0	0	0	0	0	0	149
2	Hasna Budsworth	4	24	0	24	24	0	0	22	0	0	0	0	0	0	0	0	0	0	94
3	Sarah Tomassi	2	25	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	50
4	Rachel Chadwick	2	0	0	0	0	25	23	0	0	0	0	0	0	0	0	0	0	0	48
5	Michelle Chapman	1	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	25
6	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rochelle Evans	6	25	25	25	0	25	0	25	0	25	0	0	0	0	0	0	0	0	0	150
2	Karen Price	6	23	0	24	0	24	25	24	25	0	0	0	0	0	0	0	0	0	0	145
3	Karen Jones	5	0	0	22	24	0	24	23	0	23	0	0	0	0	0	0	0	0	0	116
4	Sam Wright	3	0	0	0	25	0	0	0	24	24	0	0	0	0	0	0	0	0	0	73
5	Jenny O'Callaghan	3	22	0	20	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	64
6	Claire Timms	2	24	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
7	Kay England	2	21	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
8	Jillian Hickson	1	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
9	Helen Parry	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	22
10	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Nicky Hall	8	24	22	25	24	25	0	24	25	24	0	0	0	0	0	0	0	0	0	171
2	Dawn Speed	4	25	24	0	25	0	0	23	0	0	0	0	0	0	0	0	0	0	0	97
3	Tracey Hall	2	0	0	0	0	0	0	25	0	25	0	0	0	0	0	0	0	0	0	50
4	Karen Rush	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
5	Janet Jobey	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Sharon Leach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Gail Shaw	8	25	25	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2	Amanda Richardson	7	24	0	24	24	24	0	24	24	23	0	0	0	0	0	0	0	0	0	167
3	Elaine Brown	8	22	0	22	23	21	22	21	21	25	0	0	0	0	0	0	0	0	0	156
4	Angela Rogowskyj	7	19	23	21	21	20	0	20	0	24	0	0	0	0	0	0	0	0	0	148
5	Sharon Dracup	6	23	0	23	0	23	24	23	23	0	0	0	0	0	0	0	0	0	0	139
6	Joanne Lawton	4	21	0	0	0	22	0	22	22	0	0	0	0	0	0	0	0	0	0	87
7	Amanda Welby	3	20	24	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	66
8	Gill Bardsley	3	0	0	0	0	19	23	19	0	0	0	0	0	0	0	0	0	0	0	61
9	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Susan Heaney	2	0	0	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	50
2	Alison Cresswell	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 65's

	No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernadette Ball	6	0	0	25	0	24	25	25	25	25	0	0	0	0	0	0	0	0	0	149
2 Diane Johnson	3	0	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	75

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	3	0	0	0	0	25	0	25	0	25	0	0	0	0	0	0	0	0	0	75
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)