



Premiership

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Luke Lawson-Healey	2	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Chris Tattersall	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
3	Maisie Wainwright	2	21	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
4	Brett Spivey	2	20	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	41
5	Francois Clavaud	2	18	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
6	Adrian Brown	2	17	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	36
7	James Moulton	2	15	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	33
8	Sarah Tomassi	2	16	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	32
9	Rob James	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
10	Shane Reading	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
11	Andrew Rogers	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
12	Wesley Henshaw	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
13	Bernard Goodwin	1	0	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
14	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	James Henderson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Jarrold Gritt	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Martin Thompson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Mathew Reeves	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	William Wall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- Superior head to head record
- If head to head record equal, lowest cumulative time in head to head races
- Higher points per race average (all races taken into account)
- Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Elliot Stone	2	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
1	Edward Grimley	2	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
3	Andrew Ingham	2	21	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40
4	Dave Peart	2	18	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	36
5	Neil Brock	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Oliver Pozegic	1	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
7	Lee Earnshaw	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Barry Greaves	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
9	Andy Hall	1	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
10	Adam Stirling	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
10	John Fay	1	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
12	Mark Baxendale	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
13	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Carl O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	David Emanuel	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Mark Phelan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Matt Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Sam Alshafei	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- Superior head to head record
- If head to head record equal, lowest cumulative time in head to head races
- Higher points per race average (all races taken into account)
- Faster average pace per mile (all races taken into account)



Group 1

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Trish Callan	2	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Bernard Cassidy	2	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
3	Ryan Frost	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Gail Shaw	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Jonathan Green	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Rochelle Reading	1	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
7	Gary Smith	1	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8	Bryan Lawton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Bryony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Mark Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Simon Howard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Suzanne Darke	2	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Lucy Schindler	2	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
3	Warren Siddall	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Matthew Cartner	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Kirsty Agnew	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Gareth McCaffery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Stephen Rogowskyj	2	18	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
2	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2	Mark Foran	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Jason Keast	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Nicky Hall	1	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Andrew Naismith	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
7	Dave Watt	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
8	Karen Price	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
9	James Wright	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
10	Owen Flage	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
11	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Ray Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 4

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Amanda Richardson	2	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Claire Timms	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Bryony Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Lee Higginbottom	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Diane Johnson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 5

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Martina Naismith	2	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Natali Brown	2	19	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
2	Dave Bardsley	2	18	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
4	Sharon Dracup	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5	Rachel Chadwick	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
6	Elaine Brown	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
6	Karen Jones	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
8	Billie Chamberlain	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
9	Howard Mills	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
10	Joanne Lawton	1	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
11	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Paul Cooke	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Angela Rogowskyj	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
1	Ronnie Quinn	2	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
3	Samantha Tattersall	2	21	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
4	Alison Royle	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5	Hasna Budsworth	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
5	Bernadette Ball	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Peter Boulton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group 7

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Stacey Carr	2	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
3	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Sharon Leach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Group TBC

No of Races Completed

1	Lisa Wilson	1
2	Anne Marie Lord	0
2	Chris Eavers	0
2	Dan Redfearn	0
2	David Ellis	0
2	Ian Floyd	0
2	James Bowling	0
2	Janine Albison	0
2	Lisa Southward	0
2	Louise Redfearn	0
2	Morgan Gibson	0
2	Ray Shaw	0
2	Rob Griffin	0
2	Steve Goddard	0
2	Tony Morris	0

30	Anne Marie Lord	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Bryony Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Bryony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Diane Johnson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Janine Albison	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Louise Redfearn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Sharon Leach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 _ Superior head to head record
- 2 _ If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Edward Grimley	2	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Andrew Ingham	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
3	Rob James	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Wesley Henshaw	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Adam Stirling	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
6	Matthew Cartner	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
7	Mathew Reeves	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Tony Morris	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Chris Tattersall	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Brett Spivey	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
3	Adrian Brown	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
4	John Fay	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
5	Gareth McCaffery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Martin Thompson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Bardsley	2	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Jonathan Green	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Dave Watt	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Dan Redfearn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	James Henderson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Lee Higginbottom	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Matt Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	William Wall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows;

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Elliot Stone	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Andrew Rogers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2	Shane Reading	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Lee Earnshaw	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
4	Andy Hall	1	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Mark Baxendale	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Mark Foran	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8	Andrew Naismith	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9	James Wright	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
10	Owen Flage	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Carl O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Simon Howard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Peart	2	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Bernard Goodwin	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Jason Keast	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
3	Warren Siddall	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Bryan Lawton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Mark Phelan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Paul Cooke	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Ray Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Rob Griffin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows;

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Stephen Rogowskyj	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
2	Neil Brock	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2	Gary Smith	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	David Emanuel	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernard Cassidy	2	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Barry Greaves	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Ian Floyd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Mark Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Ronnie Quinn	2	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Howard Mills	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Chris Eavers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 75's

	No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Peter Boulton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 _ Superior head to head record
- 2 _ If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Male over 80's

	No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 _ Superior head to head record
- 2 _ If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Trish Callan	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Samantha Tattersall	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
3	Stacey Carr	2	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
4	Lisa Wilson	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Billie Chamberlain	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
6	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Sarah Tomassi	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Natali Brown	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
3	Kirsty Agnew	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Rachel Chadwick	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Hasna Budsworth	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
6	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Karen Price	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
1	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Claire Timms	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
3	Karen Jones	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Suzanne Darke	2	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
2	Martina Naismith	2	24	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
3	Rochelle Reading	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Alison Royle	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Nicky Hall	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
6	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Louise Redfearn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Sharon Leach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows;

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Amanda Richardson	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Angela Rogowskyj	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
3	Joanne Lawton	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
4	Anne Marie Lord	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Janine Albison	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- Superior head to head record
- If head to head record equal, lowest cumulative time in head to head races
- Higher points per race average (all races taken into account)
- Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Gail Shaw	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2	Sharon Dracup	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
3	Elaine Brown	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
4	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 65's

	No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Diane Johnson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 _ Superior head to head record
- 2 _ If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 70's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernadette Ball	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows;

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)



Female over 80's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows;

- 1 Superior head to head record
- 2 If head to head record equal, lowest cumulative time in head to head races
- 3 Higher points per race average (all races taken into account)
- 4 Faster average pace per mile (all races taken into account)